

Join us



# RINGWOOD RECREATION 2024

*The Fun Starts Here!*

## YOGA

Register online at [CommunityPass.net](https://CommunityPass.net) under the season "Adult Sports and Exercise Programs 2023-2024"

**TUESDAYS - SESSION I - 8 CLASSES - \$40**

**EVENINGS 6:30-7:30 p.m.**

**Ringwood Community Center**

**112 Erskine Road**

**May 21st, 28th, June 4th, 11th, 18th (no June 25th)**

**July 2nd, 9th, 23rd (no July 16th)**

**\*\* Pick One Session (no substitutions)\*\***

**WEDNESDAYS - SESSION II - 8 CLASSES - \$40**

**MORNINGS 10:00-11:00 a.m.**

**Ringwood Community Center**

**112 Erskine Road**

**(no May 8th), May 15th, 22nd, 29th**

**(no June 5th), June 12th, 19th, (no June 26th),**

**July 3rd, 10th, 24th (no July 17th)**

**Instructor: Violette Essman**  
**Please bring your own yoga mat**



**Questions? Email [recdept@ringwoodnj.net](mailto:recdept@ringwoodnj.net) or call (973) 475-7171**