ANNUAL REPORT 2018

NGWOOD HANOR.

RINGWOOD HEALTH DEPARTMENT

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TO OUR RESIDENTS

Mission

The mission of the Ringwood Health Department is to create a culture of health for everyone that lives, works or plays in Ringwood through providing environmental stewardship, valuable partnerships for health promotion, preventative services and emergency preparedness.

Services Offered

The health department offers the services of a licensed health officer (HO), registered environmental health specialist (REHS), public health nurse supervisor and public health nurses (PHN), certified health education specialist (CHES), board-certified pediatrician (MD), certified municipal registrar (CMR), and animal control officer (ACO).

Board of Health

The Ringwood Board of Health (BOH) is comprised of a group of dedicated men and women that bring their passion and expertise to help guide programs and policies to impact the health of the community. The first organization meeting of the Ringwood Board of Health took place on **February 11, 1919**. We are **celebrating 100 years of service by the Board of Health**. The Board of Health meets on the 2nd Wednesday of February, April, June, September, October and December at 7pm in the Borough Hall. Meetings are open to the public.

Ringwood Board of Health "100 years of public health service" 1919-2019

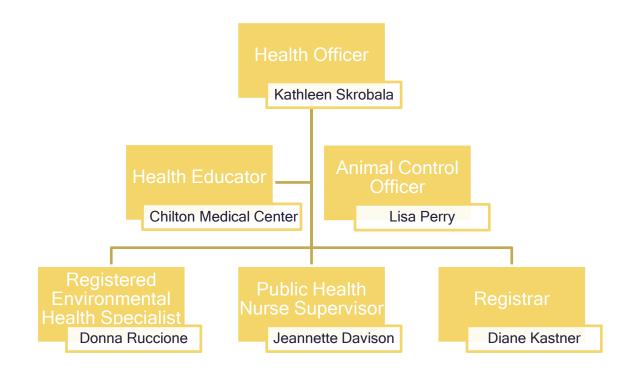
Looking Ahead

The Ringwood Health Department will continually evolve during its 2nd century to meet the needs of the community, while balancing the changing landscapes of public health. We will collaborate with community partners, seek grant opportunities, participate on meaningful committees and keep up with the latest practices in public health.

Staff Directory

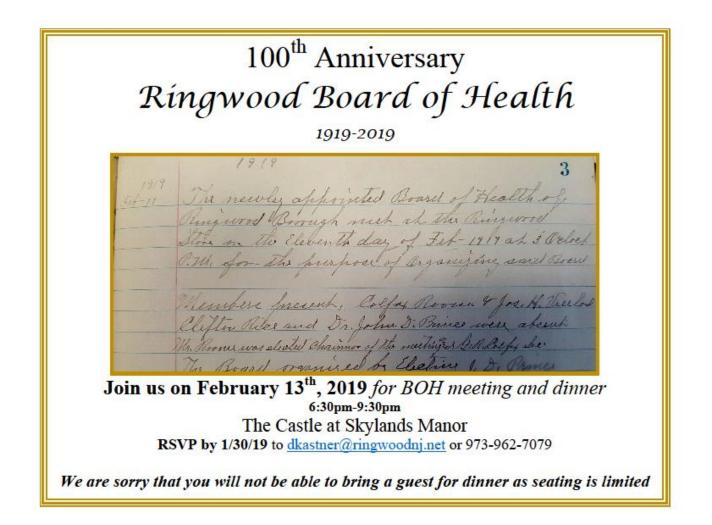
Staff	Contact
Kathleen Skrobala, RN, BSN, MA, HO	973-962-7079 x122
Health Officer	kskrobala@ringwoodnj.net
Donna Ruccione, REHS	973-962-7079 x124
Registered Environmental Health Specialist	druccione@ringwoodnj.net
Jeannette Davison, RN, MSN, APN	973-962-7079 x126
Public Health Nurse Supervisor	jdavison@ringwoodnj.net
Diane Kastner, CMR	973-962-7079 x123
Registrar	dkastner@ringwoodnj.net
Lisa Perry, ACO Animal Control Officer	973-838-8959

Organizational Chart



RINGWOOD BOARD OF HEALTH

Member	Term Expires
Donna Kirby, Chairperson	12/31/2020
Verne Taukus, Vice Chairperson	12/31/2021
Alan Fedeli	12/31/2020
Melinda Leone	12/31/2019
Sarah Lenington	12/31/2020
Kimberly Maher	12/31/2020
Dr. Melissa Scollan-Koliopoulos	12/31/2021



HEALTH EDUCATION AND PROMOTION

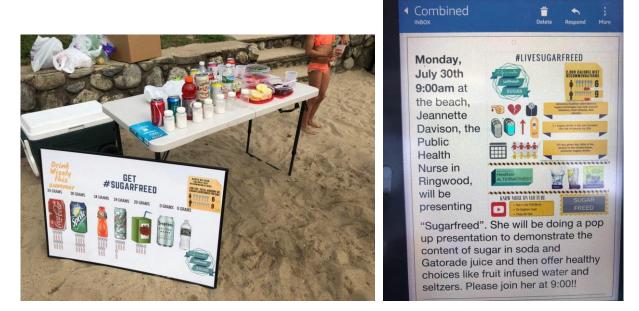
In 2018, the Ringwood Health Department provided robust health education programs under the direction of the Public Health Nurse Supervisor, Jeannette Davison. Health education services were contracted with Chilton Medical Center, in addition to using interns from William Paterson University, Montclair State University and the University of Delaware. Health education programs were aimed at different groups: preschoolers, school-age students, sports programs, lifeguards, camp counselors, adults, parents and seniors. We provided a *"SugarFreed Campaign"* over the summer to raise awareness and decrease the consumption of sugar-laden beverages, an *"Anti-Vaping Campaign"* that educated children and their parents on the dangers of vaping, and a *"Wellness Challenge,"* available to all residents, encouraging them to get active and healthy. A total of **81 educational events** were held throughout the year with over **1000 participants**. Here is a list of the programs:

- SugarFreed Campaign
- Anti-Vaping Campaign
- Heart Health Day
- Safe Sitter
- Germ Busters
- Dental Health
- Bloodborne Pathogens
- Wellness Challenge
 - o Walks
 - o Yoga
 - Better for You BBQ
 - No-Cook Meals
 - Energy-Boosting Foods
 - Cooking with Spices
 - Get to Know Prediabetes
 - Back-to-School Snack
 - Meditation
 - o Zumba
 - Hydration Demo
 - o Farmers Market



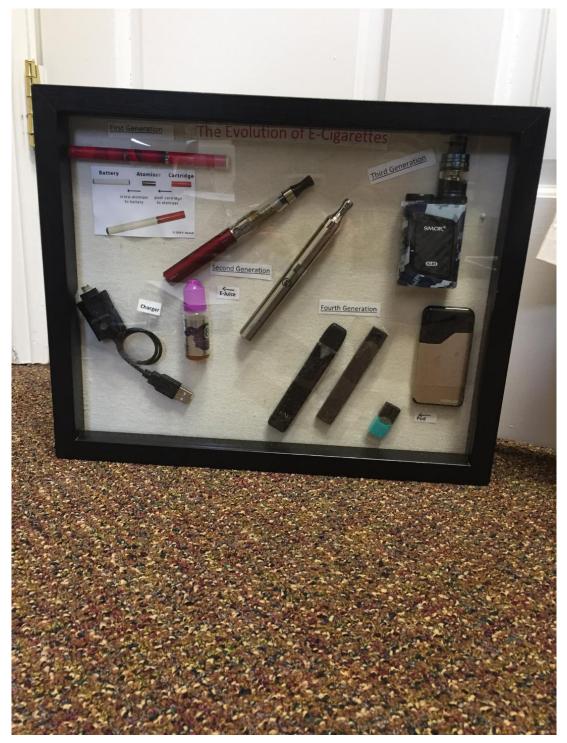
SUGARFREED CAMPAIGN





The Sugarfreed Campaign is tackling the epidemics of obesity and diabetes by educating and encouraging people to drink water and other healthy drinks instead of sugar-laden beverages.

ANTI-VAPING CAMPAIGN



Vaping is a public health epidemic. 1 in 4 high school students and 1 in 14 middle school students in the United States reported using a tobacco product in the past 30 days. Ecigarette use increased from 11.7% to 20.8% among high school students and from 3.3% to 4.9% among middle school students from 2017 to 2018. www.cdc.gov/mmwr/volumes/68/wr/mm6806e1.htm

PUBLIC HEALTH NURSING

The Public Health Nurse Supervisor, Jeannette Davison, along with per diem Public Health Nurses, provide preventative health services for all age groups. These services include health screenings, pediatric and adult immunizations, communicable disease investigations, home nursing visits and school immunization audits. Referrals are made to medical providers for any abnormal findings. A board-certified Pediatrician provides services for the Child Health Clinic monthly. Independent providers are used for specific health screenings.

Name	# Programs	# individuals
Child Health Clinic	8	26
Childhood Immunizations	8	59
Blood Pressure Screening	8	56
Heart Health Screening	1	18
Know Your Numbers	3	99
Stroke Screening	1	10
Skin Cancer Screening	1	11
Hearing Screening	1	8
Vision Screening	1	8
Tuberculosis Screening		34
Adult Immunizations Given		
(Flu, Pneumovax, Prevnar		160
13, Shingrex)		
# of Schools Audited for	13	
Immunizations	10	
Home Visits		11
Communicable Disease		97
Investigations		37
# of Referrals to Medical		21
Follow-Up		21

PUBLIC HEALTH NURSING ACTIVITIES

RINGWOOD FLU CLINICS



		Week 40 We	ek 45 Week 50	We	ek 3 Week 8	W	/eek:13 Week	18	Week 23	Week 28
	Π	 	+ 1				<u>+ 1</u> 11			
		No Activity	Sporadi	c	Local		Region	al		Widespread
za						New	Jersey Activi	ity L	evel: HIC	H
Act			1-5			Current week last year: HIGH				
ivit		- Z.	CF-				Regiona	l ⁴ Da		
уL							Northwest: Northeast:			GH GH
.eve			Z			Ce	entral West:			GH
<u>9</u> 3		く	\mathbf{H}			С	entral East:		н	GH
							South:		HIGH	
	Percent Influenza-like Illness/Absenteeism ⁵ Baselines									
			Current We	ek	Last wee	k	Current week		Off Season ⁶ (Seasonal Average-	
E			(range by cou	inty)	Current y	ear	Last year	r		ow, high) ⁷
Ţs	Lor	ıg Term Care	0.56		0.60		0.70			0.48
ILI ⁵ Activity		Facilities	(0.00, 1.93)	0.00		0.70		(0.45, 0.76)	
ivit		Schools	5.02		5.34		5.46			3.36
Y	(a	bsenteeism)	(3.30-8.68)	(4.		.37, 4.86)			
		Emergency	5.14		6.00		8.59			2.21
	D	epartments	(1.08, 8.61	.)					(3.	.17, 4.26)
				Cur	rent Week	I	Past 3 Weeks		Cumu	lative Total
Lab Te		Influenza A	A H1N1 (2009)		96	492			1305	
Laboratory Testing ⁸	PCR	Influenza A H3N2		138		370			557	
tory g ⁸		Influe	nza B		9	30		109		109
		Rapid Influ	ienza Tests		1008		2548			6009

Report also available at http://nj.gov/health/cd/statistics/flu-stats/

Influenza (the flu) is a respiratory viral infection that can cause severe illness and death. Millions of people are sickened and tens of thousands die each year in the United States. The best protection is yearly vaccination with the flu vaccine. 157 pediatric and adult flu vaccines were administered at Ringwood Flu Clinics.

ENVIRONMENTAL HEALTH SERVICES

Environmental health is the branch of public health concerned with all aspects of the natural and built environment. These services are provided by Donna Ruccione, REHS. Timely inspections of retail food establishments, septic systems, lakes and camps are performed to ensure adherence to local and state laws. Public health nuisance complaints are investigated and brought to resolution. Environmental stewardship through education and grants enhance the beauty of the Highlands Region and help to keep it pristine.

Key Facts & Activities	2018 Data
# of Licensed Food Establishments	37
# of Retail Food Establishment Plans	1
Reviewed	·
# of Pre-Operational Inspections Done	1
# of Routine Inspections	104
# of Establishments Where Enforcement	4
Was Taken	4

RETAIL FOOD ESTABLISHMENTS

YOUTH CAMPS

Key Facts & Activities	2018 Data
# of Pre-Operational Inspections	1
# of Routine Inspections	1
# of Emergency and Complaint-Related Inspections	0

RECREATIONAL BATHING

Key Facts & Activities	2018 Data
# of Licensed Seasonal Facilities	8
# of Pre-Operational Inspections	8
# of Routine Inspections	8
# of Non-Routine Inspections	8
# of Emergency & Complaint-Related Inspections	2

# of Lake Closures	1			
ONSITE WASTERWATER DISPOSAL SYSTEMS				
Key Facts & Activities	2018 Data			
# of New System Permits Issued	50			
# of Repair Permits Issued	61			
# of Alteration Permits Issued	42			
# of Systems in Ringwood	4200 (approx.)			
# of Noncompliant Systems Identified	4			
# of Realty Transfer System Reports Reviewed	197			
# of Systems Identified as Noncompliant	141			



PUBLIC HEALTH NUISANCE INVESTIGATIONS

Key Facts & Activities	2018 Data	
# of Complaints Received	27	
# of Complaints Investigated	27	
# of Cases that Required Enforcement	10	

OTHER INSPECTIONS

Key Facts & Activities	2018 Data
# of Beauty Salons Inspected	7

BEAUTIFUL RINGWOOD



ANIMAL CONTROL

Animal Control Services are provided by a shared services agreement with the Borough of Bloomingdale. Animal Control Officer, Lisa Perry, responds to requests for help with animals, ranging from licensed, domestic animals to wild animals or animals in distress. All dogs and cats in Ringwood must be licensed each year. They must also be properly vaccinated with the rabies vaccine. A free rabies clinic in Ringwood is offered annually in November.

Key Facts & Activities	2018 Data
# of Dogs Licensed	1340
# of Cats Licensed	347
# of Rabies Vaccines Given at Vaccination Clinic	147
# of Incidents Where an Animal Bit a Human	7
# of Incidents Where a Rabid or Suspected Rabid Animal Bit a Domestic Animal	2
# Unimmunized Domestic Animals Confined	
for Rabies Observation after Biting a Person	0
or Animal	

ANIMAL CONTROL SERVICES



IMPORTANT REMINDER: The Borough has ordinances against feeding any outside wildlife. Keep in mind feeding wildlife can put your domestic animals at risk if they drink or eat from the same dish or are bitten by a rabid animal, as rabies is transferred through saliva. Rabies animals will often vocalize, become agitated and aggressive. Please ensure that all dogs and cats are licensed and vaccinated against rabies. If you see an animal that is acting aggressively, please call the Police Department at (973) 962-7017. Information regarding rabies.

VITAL STATISTICS

The Certified Municipal Registrar of Vital Statistics, Diane Kastner, is responsible for issuing marriage and civil union licenses, birth certificates, death certificates and certified copies.

Key Facts & Activities	2018 Data
Marriage or Civil Union Licenses	63
Birth Certificates	1
Death Certificates	24
Certified Copies	231

VITAL STATISTICS

Certificate of Marriage This Certifies that and were united in marriage on th This ceremony was witnessed and celebrat

WHAT'S NEXT...

2019 GOALS

Continue Anti-Vaping Campaign

Provide Education on Septic and Well Management

Enact Ordinances that Preserve and Enhance the Environment

Seek Grant Opportunities for Environmental Stewardship

Seek Grant Opportunities that Address Population Health

