

Join us

# RINGWOOD RECREATION 2024

*The Fun Starts Here!*



## GENTLE YOGA

Register online at [CommunityPass.net](https://CommunityPass.net) under the season "Adult Sports and Exercise Programs 2023-2024"

**TUESDAYS - SESSION I - 8 CLASSES - \$40**

**EVENINGS 6:30-7:30 p.m.**

**Ringwood Community Center**

**112 Erskine Road**

**March 26th, April 2nd, 9th, 16th, 23rd, 30th,**

**May 7th, 14th**

**\*\* Pick One Session (no substitutions)\*\***

**WEDNESDAYS - SESSION II - 8 CLASSES - \$40**

**MORNINGS 10:00-11:00 a.m.**

**Ringwood Community Center**

**112 Erskine Road**

**March 13th, 20th, 27th**

**April 3rd, 10th, 17th, 24th, May 1st**

**Instructor: Violette Essman**  
**Please bring your own yoga mat**



Questions? Email [recdept@ringwoodnj.net](mailto:recdept@ringwoodnj.net) or call (973) 475-7171