

Join US

RINGWOOD RECREATION 2024 DYNAMIC SPEED & AGILITY CLINIC

Grade as of the 2024-2025 School Year

Register by 7/12/2024

Grades: 4th - 9th Boys & Girls

Date: July 15th - 18th

Rain Date 7/19

Time: 6:30 pm - 8:30 pm

Cost: \$60

Lakeland H.S.
Track



Camp Director: John Yost, former Head Track Coach of Lakeland's 3 consecutive state championship teams and former Director of Athletics at Lakeland Regional High School.

Instructors include Division 1 and 2 college athletes, track record holders and County and Conference Coaches of the Year.

Register online through CommunityPass.net under Summer Clinics 2024

Questions? Email recdept@ringwoodnj.net or (973) 475-7171