

SUNDAY,  
APRIL 6TH  
FROM  
2-5 PM

# Food as Medicine

Nutrition and Mental Health



## Our Speakers:



Dona Garofano,  
N.D



Paula Tedesco,  
APN



Jenna Bruno,  
MPH CHES



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Register online at [Communitypass.net](https://Communitypass.net) under  
'Health Department Programs 2025'

For any questions please email: [jbruno@ringwoodnj.net](mailto:jbruno@ringwoodnj.net)

