

## 2025 Borough of Ringwood Red Cross Blood Drives

#	Date	Time	Location	Sponsors and Red Cross Links
1	<b>Friday</b> January 3 <sup>rd</sup> , 2025	<b>12pm</b> <b>to</b> <b>5pm</b>	Ambulance Corps 115 Alta Vista Dr.	Ringwood Ambulance Corps. <a href="https://www.red-crossblood.org/give.html/drive-results?zipSponsor=DennisLawRingwood">https://www.red-crossblood.org/give.html/drive-results?zipSponsor=DennisLawRingwood</a>
2	<b>Monday</b> February 24 <sup>th</sup> , 2025	<b>8am</b> <b>to</b> <b>1pm</b>	Ambulance Corps 115 Alta Vista Dr.	Knights of Columbus (Council 6212) <a href="https://www.red-crossblood.org/give.html/drive-results?zipSponsor=DennisLawRingwood">https://www.red-crossblood.org/give.html/drive-results?zipSponsor=DennisLawRingwood</a>
3	<b>Monday</b> March 31 <sup>st</sup> , 2025	<b>11am</b> <b>to</b> <b>4pm</b>	Stonetown Fire- house 169 Stonetown Rd.	Stonetown Firehouse Company #1 - <a href="https://www.red-crossblood.org/give.html/drive-results?zipSponsor=Stonetown%20Fire">https://www.red-crossblood.org/give.html/drive-results?zipSponsor=Stonetown%20Fire</a>
4	<b>Wednesday</b> April 23 <sup>rd</sup> , 2025	<b>8am</b> <b>to</b> <b>1pm</b>	Ambulance Corps 115 Alta Vista Dr.	Ringwood Health Department <a href="https://www.red-crossblood.org/give.html/drive-results?zipSponsor=DennisLawRingwood">https://www.red-crossblood.org/give.html/drive-results?zipSponsor=DennisLawRingwood</a>
5	<b>Friday</b> May 2 <sup>nd</sup> , 2025	<b>8am</b> <b>to</b> <b>1pm</b>	Ambulance Corps 115 Alta Vista Dr.	Knights of Columbus (Council 6212) <a href="https://www.red-crossblood.org/give.html/drive-results?zipSponsor=DennisLawRingwood">https://www.red-crossblood.org/give.html/drive-results?zipSponsor=DennisLawRingwood</a>
6	<b>Monday</b> June 16 <sup>th</sup> , 2025	<b>8am</b> <b>to</b> <b>1pm</b>	Ambulance Corps 115 Alta Vista Dr.	Knights of Columbus (Council 6212) <a href="https://www.red-crossblood.org/give.html/drive-results?zipSponsor=DennisLawRingwood">https://www.red-crossblood.org/give.html/drive-results?zipSponsor=DennisLawRingwood</a>

### Donor - Frequency of Blood Donations:

Donors must wait at least eight weeks (56 days) between donations of whole blood and 16 weeks (112 days) between Power Red donations. Whole blood donors can donate up to 6 times a year.

- **Whole Blood** - A healthy adult can donate whole blood every 56 days, or eight weeks, up to six times a year
- **Power Red** - Can be donated every 112 days, up to three times a year. This type of donation is only available to donors with type O, A negative, or B negative blood

Ringwood Knights of Columbus (6212) - Louy Hernandez (201) 741-3251 or LuisLouy@gmail.com