

JULY, 2025

Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
9:00 AM		Senior Club				Senior Club	Summer Basketball Training 10:00 a.m.-12:00 p.m. Starts 7/19	
10:00 AM		Pickleball	Free Zumba Gold	Yoga		Pickleball		
10:15 AM		9:00-12:00	10:00-11:00	10:00-11:15		9:00-12:00		
10:30 AM			No Session on 7/8	No Session on 7/2				
11:00 AM						No Session on 7/4		
11:15 AM								
11:30 AM								
12:00 PM								
12:30 PM								
1:00 PM								
2:00 PM	Adult Pickleball 2:00-5:00 No Session on 7/6							
2:30 PM								
3:00 PM								
3:30 PM								
4:00 PM								
4:15 PM								
4:30 PM								
5:00 PM								
5:00 PM			Special Olympics	Hip Hop Age 8-10				
6:00 PM			Open Gym 5:00-6:00	5:00-6:00			Adult Pickleball	
6:15 PM		Pilates UPSTAIRS				6:00-9:00		
6:30 PM		6:15-7:15	Yoga		Hip Hop	No Session on 7/4		
7:00 PM		last session 7/7	6:30-7:45	Women's Volleyball	Adults			
7:15 PM		Summer Basketball	No Session on 7/1	7:00-9:00	6:30-7:30			
7:30 PM		Training		No Session on 7/2				
8:00 PM		7:00-9:00 p.m.			Men's Pick Up			
8:30 PM					Basketball			
9:00 PM					8:00-10:00			
10:00 PM								