



RINGWOOD RECREATION 2024-2025

The Fun Starts Here!

YOGA

Register online at CommunityPass.net under the season "Adult Sports and Exercise Programs 2024-2025"

TUESDAYS - SESSION I - 8 CLASSES - \$40

EVENINGS 6:30-7:30 p.m.

Ringwood Community Center

112 Erskine Road

December 3rd, 10th, 17th

January 7th, 14th, 21st, 28th

February 4th

**** Pick One Session (no substitutions)****

WEDNESDAYS - SESSION II - 8 CLASSES - \$40

MORNINGS 10:00-11:00 a.m.

Ringwood Community Center

112 Erskine Road

December 4th, 11th, 18th

January 8th, 15th, 22nd, 29th

February 5th

Instructor: Violette Essman
Please bring your own yoga mat



Questions? Email recdept@ringwoodnj.net or call (973) 475-7171