



RINGWOOD RECREATION 2024

The Fun Starts Here!

YOGA

Register online at CommunityPass.net under the season "Adult Sports and Exercise Programs 2024-2025"

TUESDAYS - SESSION I - 8 CLASSES - \$40

EVENINGS 6:30-7:30 p.m.

Ringwood Community Center

112 Erskine Road

September 17th, 24th, October 1st, 8th, 22nd, 29th

November 12th, 19th

(no session on 10/15/24 or 11/5/24)

**** Pick One Session (no substitutions)****

WEDNESDAYS - SESSION II - 8 CLASSES - \$40

MORNINGS 10:00-11:00 a.m.

Ringwood Community Center

112 Erskine Road

September 18th, 25th, October 2nd, 9th, 23rd, 30th

November 6th, 13th

(no session on 10/16/24)

Instructor: Violette Essman
Please bring your own yoga mat



Questions? Email recdept@ringwoodnj.net or call (973) 475-7171