

Ringwood Recreation 2025 *the fun starts here!*

YOGA - SUMMER

Register online at CommunityPass.net under the season "Adult Sports and Exercise Programs"

TUESDAYS EVENINGS - 4 CLASSES - \$20

6:30-7:30 PM

JULY 8, 15, 29 & AUGUST 5

(no session on July 22nd)

**** PICK ONE SESSION (NO SUBSTITUTIONS) ****

WEDNESDAYS MORNINGS - 4 CLASSES - \$20

10:00-11:00 AM

JULY 9, 16, 30 & AUGUST 6

(no session on July 23rd)

**Ringwood Community Center
112 Erskine Road**

INSTRUCTOR: VIOLETTE ESSMAN
Please bring your own yoga mat



Questions? email recdept@ringwoodnj.net or call (973) 475-7171