

Ringwood Recreation 2025
the fun starts here!

YOGA - Winter II

Register online at CommunityPass.net under the season "Adult Sports and Exercise Programs"

TUESDAYS - SESSION I - 8 CLASSES - \$40

6:30-7:30 PM

FEBRUARY 11, 18, 25, MARCH 11, 18, 25, APRIL 1, 8

(No Session on 3/4)

**** PICK ONE SESSION (NO SUBSTITUTIONS) ****

WEDNESDAYS - SESSION II - 8 CLASSES - \$40

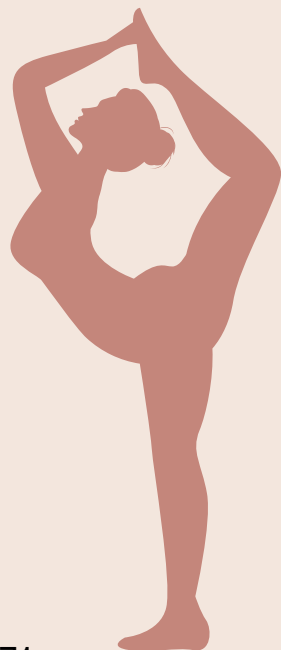
10:00-11:00 AM

FEBRUARY 12, 19, 26, MARCH 12, 19, 26, APRIL 2, 9

(No Session on 3/5)

**Ringwood Community Center
112 Erskine Road**

INSTRUCTOR: VIOLETTE ESSMAN
Please bring your own yoga mat



Questions? email recdept@ringwoodnj.net or call (973) 475-7171