

Join Us

# RINGWOOD RECREATION 2024

*The Fun Starts Here!*



**For Ringwood Residents 50 & older and Non-Ringwood Seniors who are members of the Ringwood Senior Club**

**STARTS SEPTEMBER 10th**

**TUESDAYS & THURSDAYS**

10:00 am - 10:45 am

Ringwood Community Center  
112 Erskine Road

Instructor: Jo Ann Dow-Breslin

No Session on 11/5, 11/28, 12/24, 12/26 & 12/31

Please wear comfortable light weight clothing and supportive sneakers and remember to bring water!

Registration and participation/waiver forms can be done at the first class you attend



**Questions? Email [recdept@ringwoodnj.net](mailto:recdept@ringwoodnj.net) or call (973) 475-7171**