

Join us

# RINGWOOD RECREATION 2025

*The Fun Starts Here!*



**For Ringwood Residents 50 & older and Non-Ringwood Seniors who are members of the Ringwood Senior Club**

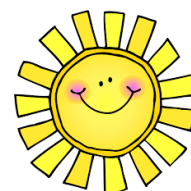
**SUMMER**

**TUESDAYS**  
**JULY 1st, 15th & 29th**  
**AUGUST 12th, 19th & 26th**

**10:00 am - 10:45 am**

**Ringwood Community Center**  
**112 Erskine Road**

**Instructor: Jo Ann Dow-Breslin**



Please wear comfortable light weight clothing and supportive sneakers and remember to bring water!

Registration and participation/waiver forms can be done at the first class you attend



**Questions? Email [recdept@ringwoodnj.net](mailto:recdept@ringwoodnj.net) or call (973) 475-7171**